



**ACTnow**

...or never!  
Voice of Community

Volume 05 /2022

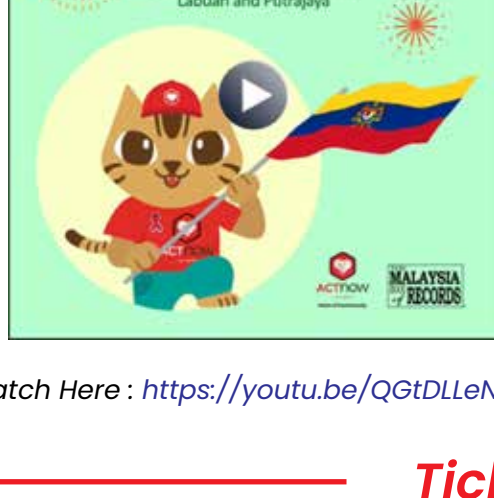


## ACTnow's Note

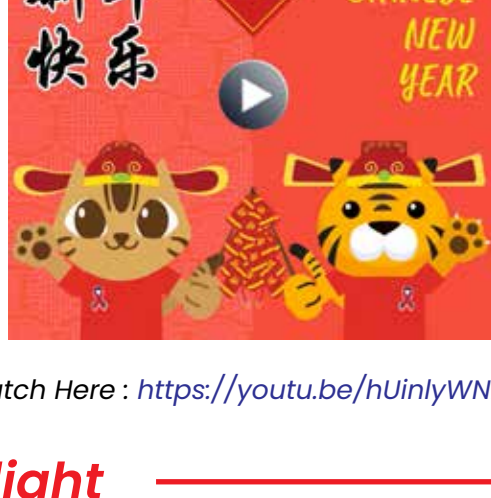
ACTnow wishing you with fullness of the vigor and vitality of the tiger along with a prosperous, lucky, joyful and ROAR-ing year ahead! Happy Chinese New Year 2022 !!

Not to forget ! Happy Federal Territory Day to our Kuala Lumpur, Putrajaya and Labuan folks, enjoy this public holiday to commemorates the day when Kuala Lumpur was transferred to federal control in 1974.

ACTnow hopes all of you to continue staying oblige to the SOPs while enjoying yourself during this festive season. Let's work together to continue protecting the land we all love.



Watch Here : <https://youtu.be/QGtDLLeNvlw>



Watch Here : <https://youtu.be/hUinlyWNM44>

## Ticket Highlight



MY0002323 (Before)



MY0002323 (After)

## ACTnow's Community Live Shows



**Hot Issue #whats4lunch Live Talk Show**  
Every Monday, Wednesday & Friday  
12PM on ACTnow Trooper Facebook Page

Hot Issue #whats4lunch brings the the discussion of the HOTTEST issues amongst the community ! Enjoy your lunch while listening to us !



**Dr. ACTnow Live Talk Show**  
On ACTnow Trooper Facebook Page  
every Tuesday & Thursday @ 12PM



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every Tuesday & Thursday @ 12PM



### Dr. ACTnow Live Talk Show

Dr ACTnow is a program to address medical & fitness issues co-hosted by Prof Dr Shamsul Azhar Shah. Tune in to learn more from the expert himself !

### Upcoming Schedule

Topic for  
12PM, Tuesday, 1 Feb 2022  
&  
12PM, Thursday, 3 Feb 2022

Chronic Kidney Disease and Hand-foot-mouth Disease

Watch every Tuesday & Thursday @ 12PM on ACTnow Facebook Page



### DearACTnow Live Talk Show

DearACTnow is a live show addressing mental health as well as acting as a platform which the public can reach out to for a counseling session while staying anonymous. Write to us at [dearactnow@gmail.com](mailto:dearactnow@gmail.com) !

### Upcoming Schedule

DearACTnow (English)  
Topic for  
Monday, 31 Jan 2022

I am 16 years old and I am from Seremban, and I want to kill my father. My father is an alcoholic. He drinks every day. When he's drunk, he is so mean, to a point that he goes around and hit all of us. My mother and all of us have been victims of his violence. Should I?

DearACTnow (Chinese)  
Topic for  
Wednesday, 2 Feb 2022

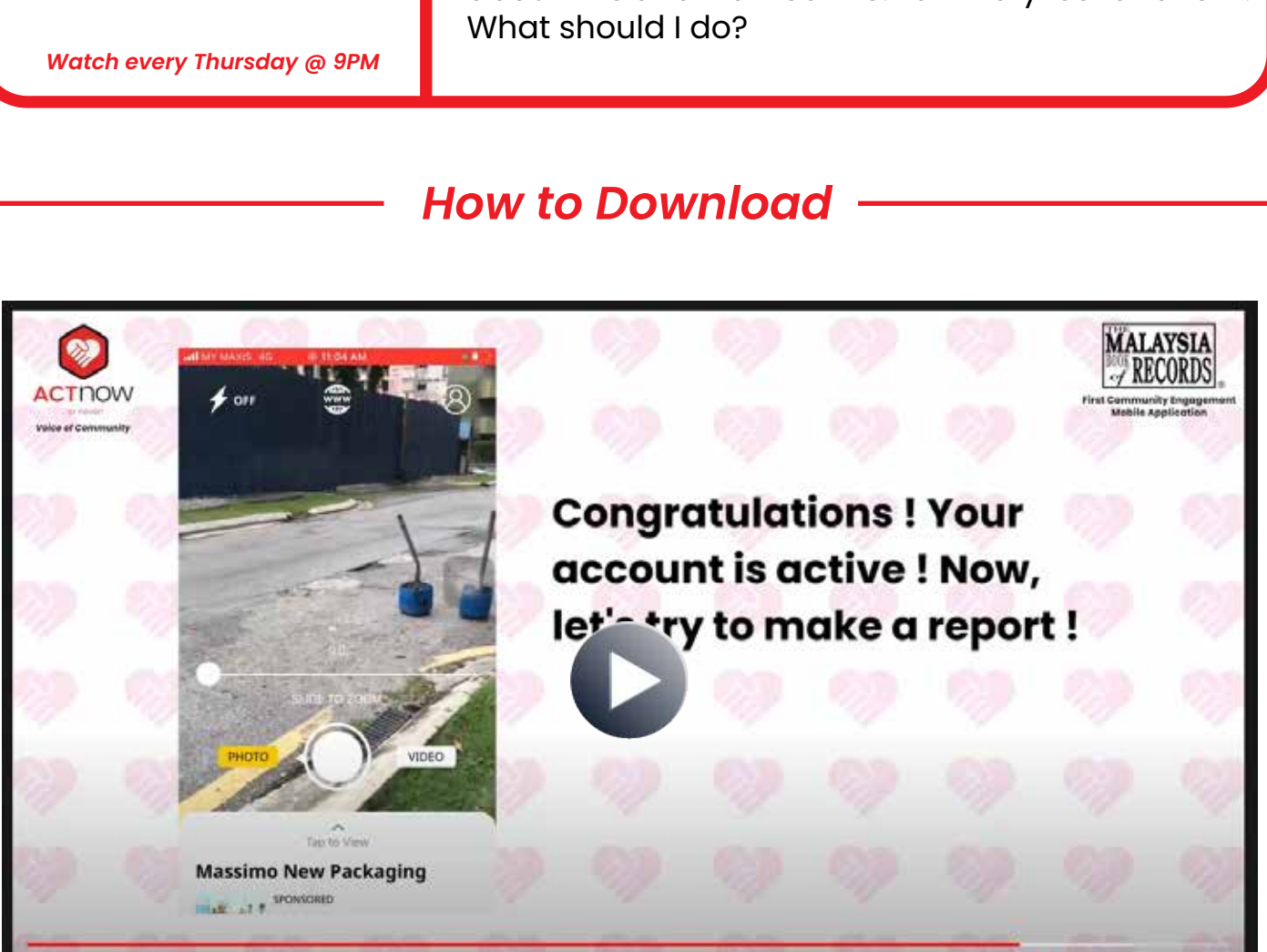
I always have some thoughts in my heart that I want to act violently, for example when I drive by and see stray dogs or cats, I have the urge to hit them. I don't want these innocent animals to die, I just want to hurt them, but I always try to restrain myself from doing so, even walking on the street. What am I?

DearACTnow (Bahasa Melayu)  
Topic for  
Thursday, 3 Feb 2022

I have gotten to know a Nepalese Security Guard from the flat I stayed at he is very not able to speak very fluent English but he is very patient in listening to me. However, recently my mum found out about this and warned me. I am very lost and torn. What should I do?

Watch every Thursday @ 9PM

## How to Download



Watch Here : <https://www.youtube.com/watch?v=1IHctfWmKqo>



### Download Now



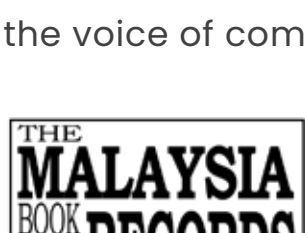
IOS



Android

## ACTnow for Better Community, Better Malaysia.

ACTnow is a social enterprise dedicated to building a better community by connecting the people and the local authorities as a bridge to highlight everyday's community issues. It covers 52 categories of community issues spread across 155 local councils throughout Malaysia in a single **free-for-use** application. ACTnow is the official holder of The Malaysia Book of Record – "First Community Engagement Mobile Application" since November 17, 2020. The sole purpose of ACTnow is to encourage and build a better community. Be the voice of community, do not act later, ACTnow !



First Community Engagement Mobile Application



ACTNOW COURAGE RIBBON



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