



### ACTnow's Note

Recently, Malaysians have witnessed the rise of Covid-19 daily cases once again approaching 5 figures which is absolutely alarming. Health Minister Khairy Jamaluddin recently stressed the importance of obtaining the Covid-19 booster shot to fight the Omicron wave.

Stating that Malaysia was "fully into the Omicron wave", he cautioned that the number of new Covid-19 infections could soon rise to 15,000 or even more with the current infectivity rate.

"There are one million senior citizens who have yet to obtain their booster doses. Please inform your elders to get them quickly" says Khairy on Twitter.

ACTnow would like to stress once again to those who have not received their booster shot to walk-in for vaccination at the selected PPV. Nothing is more important than fighting the worst virus in the history of mankind. Let's fight it together! ACTnow !

### Ticket Highlight

**Endangering the life of pedestrians !**

**Ticket's Details**      **Download On**

MY0002243      Dewan Bandaraya Kuala Lumpur

Endanger Public Safety      Taman Bukit Cheras, 56000 Kuala Lumpur

Android      IOS

"This manhole is just situated next to the Shell Station without any cover which is too dangerous for pedestrians if they fall into it" - ACTnow Users

Upon receiving this report, ACTnow has contacted relevant parties to resolve this issue. DBKL has then responded to ACTnow & notified that a temporary action has been taken by the department and instructed the contractors to upgrade the walkway. Kudos DBKL !

### ACTnow's Community Live Shows

**Hot Issue #whats4lunch**

Every Monday, Wednesday and Friday @ 12PM on ACTnow Trooper

LIVE TALK SHOW

Listen to our Podcasts on Spotify, Apple Podcasts

Download app on IOS, Android

#### Hot Issue #whats4lunch Live Talk Show Every Monday, Wednesday & Friday 12PM on ACTnow Trooper Facebook Page

Hot Issue #whats4lunch brings the the discussion of the HOTTEST issues amongst the community ! Enjoy your lunch while listening to us !

**Talk Show**

Dr. ACTnow

**What is Dr. ACTnow ?**  
A program to address medical & fitness issues! Tune in to learn more !  
The show will be conducted in English and Bahasa Melayu

**Prof Dr Shamsul Azhar Shah**  
ACTnow Ambassador of Medical & Fitness  
Professor of Epidemiology and Statistics, Faculty of Medicine UKM & Head of Classification, Para Badminton of BWF

Hosted by: **Meor Addelan** Professional Host

On ACTnow Trooper Facebook Page every Tuesday & Thursday @ 12PM

MALAYSIA BOOK OF RECORDS

ACTNOW Voice of Community

#### Dr. ACTnow Live Talk Show

Dr ACTnow is a program to address medical & fitness issues co-hosted by Prof Dr Shamsul Azhar Shah. Tune in to learn more from the expert himself !

#### Upcoming Schedule

|   |                     |
|---|---------------------|
| <b>Topic for 12PM, Tuesday, 15 Feb 2022 &amp; 12PM, Thursday, 17 Feb 2022</b> | Stroke and Dementia |
|---|---------------------|

Watch every Tuesday & Thursday @ 12PM on ACTnow Facebook Page

**DearACTnow**

Another ACTnow Community Project

**LIVE STREAM ACTnow Trooper**

- Dear ACTnow (English) Every Monday @ 9PM
- Dear ACTnow (Mandarin) Every Wednesday @ 9PM
- Dear ACTnow (Bahasa Melayu) Every Thursday @ 9PM

Organised By: ACTNOW

Co-Organisers: MALAYSIA BOOK OF RECORDS

**Schedule**

**January 2022**

| SUN | MON | TUE | WED | THU | FRI | SAT |
|-----|-----|-----|-----|-----|-----|-----|
| 01  | 02  | 03  | 04  | 05  | 06  | 07  |
| 08  | 09  | 10  | 11  | 12  | 13  | 14  |
| 15  | 16  | 17  | 18  | 19  | 20  | 21  |
| 22  | 23  | 24  | 25  | 26  | 27  | 28  |
| 29  | 30  | 31  |     |     |     |     |

**February 2022**

| SUN | MON | TUE | WED | THU | FRI | SAT |
|-----|-----|-----|-----|-----|-----|-----|
| 01  | 02  | 03  | 04  | 05  | 06  | 07  |
| 08  | 09  | 10  | 11  | 12  | 13  | 14  |
| 15  | 16  | 17  | 18  | 19  | 20  | 21  |
| 22  | 23  | 24  | 25  | 26  | 27  | 28  |
| 29  | 30  |     |     |     |     |     |

**March 2022**

| SUN | MON | TUE | WED | THU | FRI | SAT |
|-----|-----|-----|-----|-----|-----|-----|
| 01  | 02  | 03  | 04  | 05  | 06  | 07  |
| 08  | 09  | 10  | 11  | 12  | 13  | 14  |
| 15  | 16  | 17  | 18  | 19  | 20  | 21  |
| 22  | 23  | 24  | 25  | 26  | 27  | 28  |
| 29  | 30  | 31  |     |     |     |     |

**Our Hosts**

**Our Panel of Counselors**

#### DearACTnow Live Talk Show

DearACTnow is a live show addressing mental health as well as acting as a platform which the public can reach out to for a counseling session while staying anonymous. Write to us at dearactnow@gmail.com !

#### Upcoming Schedule

|   |   |
|---|---|
| <b>DearACTnow (English)</b><br><b>Topic for Monday, 14 Feb 2022</b><br>Watch every Monday @ 9PM           | I have an issue about what to do with my father, who has Alzheimer's. My sister would misplace things like his car keys. Once, I received a call from my dad saying that...   |
| <b>DearACTnow (Chinese)</b><br><b>Topic for Wednesday, 16 Feb 2022</b><br>Watch every Wednesday @ 9PM     | My wife is a professional psychological counselor, but I cannot talk to her about my psychological problems. She always excuse herself for being busy, and our communication has become scarce. In the past few months, I learned about a massage parlor through a friend. Than, I... |
| <b>DearACTnow (Bahasa Melayu)</b><br><b>Topic for Thursday, 17 Feb 2022</b><br>Watch every Thursday @ 9PM | I come from a difficult family, who lives in Kepong. However, I see that some of my clothes are using fancy new phones, buying new clothes and even riding on new motorbikes. They shared their secret on how they were able to earn such money, by doing "favours". Should I?        |

### How to Download

**Congratulations ! Your account is active ! Now, let's try to make a report !**

How to download and register ACTnow [ENG Subtitles]

Watch Here : <https://www.youtube.com/watch?v=1IHctfwMKqo>

Watch Here : <https://www.youtube.com/watch?v=1IHctfwMKqo>

**Download Now**

IOS      Android

MALAYSIA BOOK OF RECORDS

### ACTnow for Better Community, Better Malaysia.

ACTnow is a social enterprise dedicated to building a better community by connecting the people and the local authorities as a bridge to highlight everyday's community issues. It covers 52 categories of community issues spread across 155 local councils throughout Malaysia in a single free-for-use application. ACTnow is the official holder of The Malaysia Book of Record - "First Community Engagement Mobile Application" since November 17, 2020. The sole purpose of ACTnow is to encourage and build a better community. Be the voice of community, do not act later, ACTnow !



First Community Engagement Mobile Application



ACTNOW COURAGE RIBBON



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