



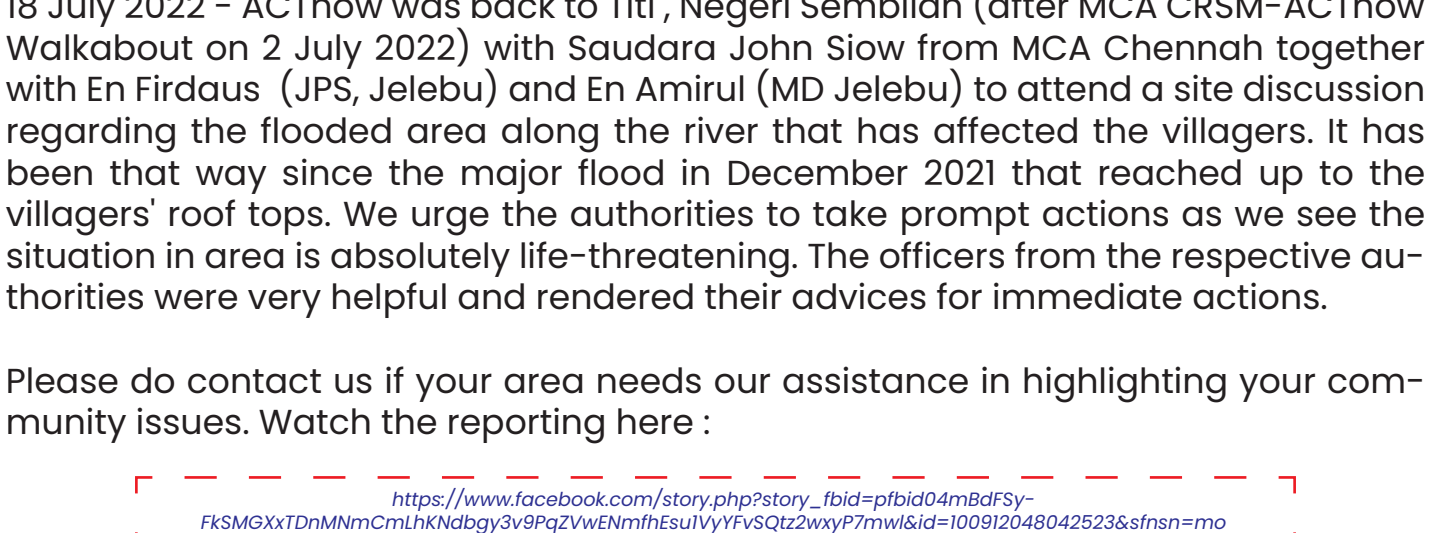
ACTnow's Note

ACTnow Courage Ribbon Run is officially launching 27 July 2022

ACTnow, GOCARE-CRSM and Malaysia Runner Group will be officially launching ACTnow Courage Ribbon Run August 2022 on 27 July 2022 @ MCA HQ.

We are honoured to have YB Dato' Sri Ti Lian Ker as the Guest of Honour on this momentous event. The virtual run event will run the entire month of August as part of the effort of ACTnow Courage Ribbon on continuing to appreciate the efforts and sacrifices made by the frontliners.

Life-threatening situation in Titi, Negeri Sembilan



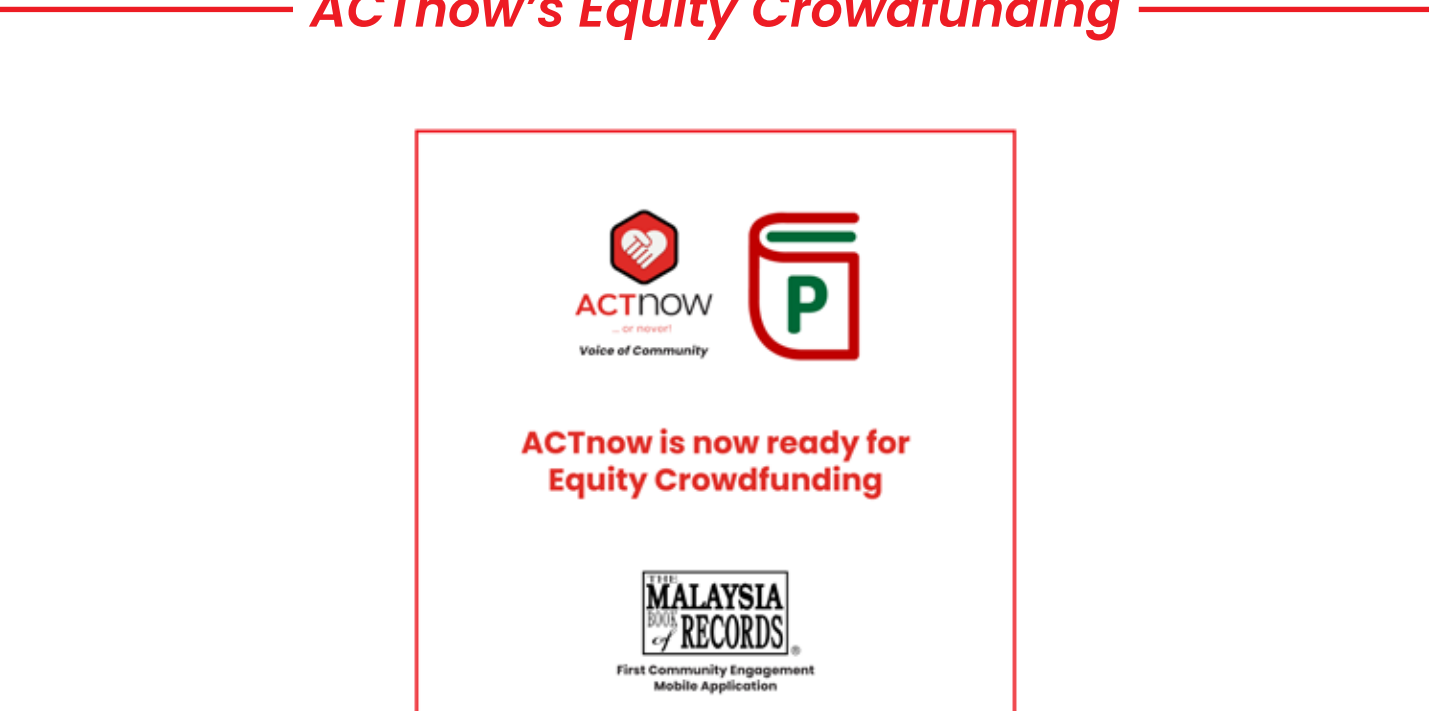
Site discussion regarding the flooded area in Titi, Negeri Sembilan

18 July 2022 – ACTnow was invited to Titi, Negeri Sembilan (after MCA CRSM-ACTnow Walkabout on 2 July 2022) with Saudara John Siow from MCA Chennai together with En Firdaus (JPS, Jelebu) and En Amirul (MD Jelebu) to attend a site discussion regarding the flooded area along the river that has affected the villagers. It has been that way since the major flood in December 2021 that reached up to the villagers' roof tops. We urge the authorities to take prompt actions as we see the situation in area is absolutely life-threatening. The officers from the respective authorities were very helpful and rendered their advices for immediate actions.

Please do contact us if your area needs our assistance in highlighting your community issues. Watch the reporting here :

https://www.facebook.com/story.php?story_fbid=pfblid04rnbBfSv-FKSMGx1DnMmMmCMLHkNabgy3v9RqzYv6NthmESUvYVFSQz2WwYp71rwI&id=10091204804252363f8n=m0

Most Facebook Live Broadcasting Medical Talk Programme



Presenting The Malaysia Book of Records to Prof. Dr Shamsul (1009 from the left)

We were invited to our ACTnow Ambassador of Medical and Fitness, Professor Dr Shamsul Azhar Shah's son's wedding on 24 July 2022. We also took this opportunity to present Professor with the title of Most Facebook Live Broadcasting Medical Talk Programme, accorded by The Malaysia Book of Records.

Congratulations Professor !

ACTnow's Equity Crowdfunding

ACTnow is now ready for Series A crowdfunding ! Be a part of our journey to improve the community for a better nation, make an appointment for an online presentation with us. Minimum block amount is at MYR2,002/block with a maximum ROI of 6.15%. For more info, you may directly PM us at ACTnow Trooper or email us at info@act-now.app as well !

View more info at this link : <https://bit.ly/actnow-ecf>

Ticket Highlight

Ticket Number: MY0002430

Pertaining to illegally placing cones at the public car park lots, DBKL took action by removing the cones and gave a verbal warning to the premise owner for monopolizing the car parking lot.

Ticket Number: MY0002445

MBPP has responded to ACTnow and notified that the department has advised the breeders not to rear the cows at a public park. The department also carried out monitoring action and found no rearing activities.

ACTnow's Community Live Shows

Hot Issue #whats4lunch Live Talk Show
Every Wednesday (English & Malay) & Friday (Cantonese)
12PM on ACTnow Trooper Facebook Page

Hot Issue #whats4lunch brings the your discussion of the HOTTEST issues amongst the community ! Enjoy the journey while listening to us !

DearACTnow Live Talk Show

DearACTnow is a live show addressing mental health as well as acting as a platform which the public can reach out to for a counseling session while staying anonymous. Write to us at dearactnow@gmail.com !

Upcoming Schedule

<p>DearACTnow (Mandarin)</p> <p>Topic for Monday, 25 July 2022</p> <p>Watch every Monday @ 9PM</p>	<p>I've been through something that has left me with a very miserable shadow. I was once cheated by my ex-girlfriend, a girl I really liked, and it happened 3 years ago, I found her in a public place holding hands and hugging with another guy. When she was about to break up...</p>
<p>DearACTnow (Bahasa Melayu)</p> <p>Topic for Tuesday, 26 July 2022</p> <p>Watch every Tuesday @ 9PM</p>	<p>I'm from Kuala Lumpur. I was in a relationship with my ex for 1.5 years plus. However, we broke up last week after I found out that he had lied to me for the second time. I am very against vaping and shisha or whatever to do with smoking. Recently...</p>
<p>DearACTnow (English)</p> <p>Topic for Thursday, 28 July 2022</p> <p>Watch every Thursday @ 9PM</p>	<p>I was never liked in my love life when I was young. It was either I liked the guy and he didn't like me, or vice versa. There was this guy whom I liked, and one day he called me for a date. On our second date, we had a great time and had our first kiss. After that, he...</p>

How to Download

Watch Here : <https://www.youtube.com/playlist?list=PLyupfujvozs-rg33chmP04t7K9apHPlcue>